

Building Blocks to a Successful Discipline Plan

What is discipline?

Discipline is part of the _____ process.

Discipline helps children learn _____ - _____ and move from dependence to independence and then _____ .

Planning ahead.

_____ % of the success of your meeting depends on how well you are prepared.

Tips on being prepared:

- Arrive _____.
- Plan an _____ or task for early arrivals.
- Have your _____ ready.
- Know your _____.
- Know your _____.
- Plan _____.
- Plan activities for children who _____ early.
- Involve the _____ whenever you can.
- Include a _____ of activities.

Creating a discipline plan.

Your discipline plan should include guidelines, consequences, and positive reinforcement.

Club guidelines should be:

- _____ guidelines or less.
- Measurable and apply to behavior you _____.
- Worded in a _____ way.
- Appropriate for the _____.
- Developed with input from the _____.

Logical consequences should:

- Reflect the _____ of the situation.
- _____ connect to the behavior.
- _____ each child.
- Allow the child to _____.
- Be implemented in a _____ but _____ way.
- Be consistent

Positive reinforcement:

- Can be _____, _____ - _____, or _____.
- Should be _____.

Let's Practice Setting Some Rules & Consequences

1.

Consequence 1.

Consequence 2.

2.

Consequence 1.

Consequence 2.

3.

Consequence 1.

Consequence 2.

Three steps to encourage good behavior*:

Provide _____:

- Make eye contact.
- Use a child's name.
- Include everyone.
- Listen well.
- Praise and encourage positive behavior.
- Care more for each child than the content.

Actively _____:

- Interactive
- Fun
- Entertainment balanced with content

Provide _____ and _____:

- Means of expression
- Materials used
- Cooperation and teamwork
- Structure and activities

Adapted from *Discipline: Guidance That Makes a Difference*, Gospel Light, 1999