



Handling Unacceptable Behavior

Use this worksheet as directed in the “Group Discipline” training session.

Goal of Behavior	Our Clues	Our Options
Attention	<ul style="list-style-type: none"> • clowning • asking many “whys” • asking for our service • our feelings: we may be annoyed • when corrected, behavior stops but then starts again 	<ul style="list-style-type: none"> • don’t scold or push off the child • don’t give unwilling attention • give attention in unexpected ways • ignore the behavior; give attention at other times • promise attention later
Control	<ul style="list-style-type: none"> • rebelling • not doing what’s asked • temper, tears, etc. to get us to give in • our feelings: anger, feeling challenged, wanting to control • correction intensifies behavior 	<ul style="list-style-type: none"> • avoid giving demands or orders • don’t give in unwillingly • listen reflectively • remain calm but firm • talk to child later • give the child influence—ask for child’s help, opinion, etc.
Protection	<ul style="list-style-type: none"> • yelling • undermining • physical aggression • our feelings: we may feel hurt, want to retaliate • retaliation or punishment worsens behavior 	<ul style="list-style-type: none"> • don’t retaliate • listen reflectively • withdraw temporarily, if necessary • give understanding, acceptance, love • talk together • work on building the relationship
Withdrawal	<ul style="list-style-type: none"> • passivity • not trying • our feelings: we may feel helpless • urging probably increases resistance 	<ul style="list-style-type: none"> • don’t push, criticize • don’t give up • be patient • give encouragement • give chances for child to discover abilities and to succeed • check own standards and expectations