



Test Your Listening Skills Worksheet

Use this quiz worksheet as directed in the "Listening to Children" training session.

I catch myself thinking about something else when someone is talking.

often.....sometimes.....rarely

I do things like doodle, shuffle papers, look at the clock or look out the window while I listen.

often.....sometimes.....rarely

I argue silently with people while they are talking.

often.....sometimes.....rarely

I listen only for facts or ideas that match my beliefs.

often.....sometimes.....rarely

I think most people have little time to talk about that is important or interesting.

often.....sometimes.....rarely

I listen passively without any changes in expression.

often.....sometimes.....rarely

I interrupt people when they are in the middle of a sentence or idea.

often.....sometimes.....rarely

I try to complete people's sentences when they seem at a loss or words.

often.....sometimes.....rarely

I criticize speakers' looks, voice and manner of speaking.

often.....sometimes.....rarely

I ask people to repeat themselves because I forget what they say.

often.....sometimes.....rarely

The more you answered "rarely," the better you are at listening.

Two steps I'll take to improve my listening skills in club:

1. _____

2. _____